

NEWS and VIEWS - APRIL 2017

Cincinnati Ohio Unit - WBCCI

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Joyce Grawe

Jenn Reinshagen

Sandy Grawe

FROM YOUR PRESIDENT.....

Sonny Thompson

Dear Friends, Mary Lou & I will be leaving Paradise Park on March 30 heading back to Ohio after a very unusual winter in Florida. I played plenty of golf that should last until the "SOUP RALLY" which starts April 27 & ends April 30 @ the Greene County Fairgrounds in Xenia, Ohio.

Bill Grawe has informed me that he is stepping down this year from being the editor of the unit directory. Therefore, the unit is looking for a replacement for this position! Please get with Bill to find out what this task involves.

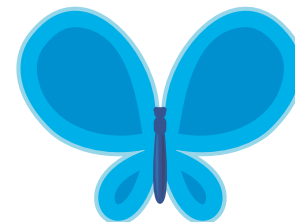
Bob Drake has resigned as Second V. P! Bob and Bev are planning some trips that they want to do over the next several years. I wish them "HAPPY TRAVELS". Anyone that would like to fill this position let me know @ the "SOUP RALLY".

"JOINT "SOUP RALLY/BUDDY RALLY" with MIAMI VALLEY & COLUMBUS UNITS **APRIL 27-30, 2017**"

DIRECTIONS: Take US-68 to W. Ankeney Mill Rd. which turns into Fairgrounds Rd. Fairgrounds will be on your right! If you plan on attending, please email me @ sonnythompson266@gmail.com

If you are planning on going to the REGION 4 RALLY in Canfield, Ohio, please send in your reservation to Steve Rhodes @ onerodes15@gmail.com or garyolinger3677@gmail.com

I will sign off for now. Hope your winter went well also!



SOUP RALLY SCHEDULE

THURSDAY: PARKING ALL DAY

12:00 GOLF OUTING

DINNER ON YOUR OWN

7:30 GET TOGETHER (BRING SNACKS)

FRIDAY: PARKING ALL DAY

8:00 BREAKFAST (MIAMI VALLEY) BRING

TABLE SERVICE

10:00 TOUR OF THE DREAM GAIT HORSE

FARM

5:30 CATERED DINNER (\$14.00 per person)

7:30 GAMES

SATURDAY: PARKING ALL DAY

8:00 BREAKFAST (CINCINNATI) BRING

TABLE SERVICE

9:00 REGISTRATION

10:00 SCHEDULE UNIT BUSINESS MEETINGS

5:30 SOUP/SALAD DINNER

7:30 GAMES

SUNDAY

: 9:30 CHURCH

11:00 LUNCH

(USAF MUSEUM NEW HANGER SPACE SHUTTLE EXHIBIT NOW OPEN)

Contact Sonny today to let him know you plan on attending the SOUP RALLY.

We hope to see all of our members at this rally and catch up with their news of travels. **We need a head count, in order to purchase the food needed.** Also, we need to let the caterer know how many to prepare for. This restaurant does an excellent job for us and it is worth the \$14 per person..



REGION IV
MAY 18 - 22
CANFIELD, OHIO

There is going to be a talent show and we are hoping that each club will provide talent. What talent do YOU have to share with the rest of us? Be thinking and contact Joyce Grawe at joyceanng@hotmail.com and let her know what you will do. This can be a lot of fun. Maybe a skit could be worked up....any ideas you have will be appreciated. Singing solo or duets, whatever, play a musical instrument....dance....don't be bashful.

Hope you mark your calendar for this special rally for Ohio, Michigan, and West Virginia.



PEROXIDE

This might be of interest to you. It came to me in an email and I thought I would try some of the tips.

Did you know that bleach was invented in the late 40's? It's chlorine and was used to kill. Whereas peroxide was invented during WWI and was used to save and help cleanse the needs of our troops and hospitals.

1. Let your toothbrush soak in a cup of peroxide to keep them free of germs.
2. Use the cap on the bottle, fill with peroxide and hold in your mouth for 10 minutes daily, then spit it out. No more canker sores, and your teeth will be whiter without expensive pastes. Use it instead of mouthwash.
3. Clean counters and table tops to kill germs and leave a fresh smell. Simply put a little on your dishrag when you wipe, or spray it on the counters.
4. After rinsing off your wooden cutting board, pour peroxide on it to kill salmonella and other bacteria.
5. Spray a 50/50 mixture of water and peroxide on feet with a fungus (especially the toes) every night and let dry.
6. Soak any infections or cuts in 3% peroxide for 5 to 10 minutes several times a day.
7. Fill a spray bottle with 50/50 mixture and keep in the bathroom to disinfect without harming your septic system like bleach or other disinfectants will.
8. Add a cup of peroxide, instead of bleach, to a load of whites in your laundry to whiten them. If there is blood on clothing, pour it directly on the soiled spot. Let it sit for a minute, then rub it and rinse with cold water. Repeat if necessary.
9. Use to clean mirrors. There is no smearing.

This writer has not tried all of these, but I did stop at WalMart and bought a bottle for \$.88. I used it to wipe down my counters and plan to try some of the other tips.

